

RESOLVE: a story of courage, healthy inquiry and recovery from sibling sexual abuse

"Resolve" takes us through her early years as Little Alice. Her words vividly transport you to the playground, school, and the painful moments at home. Alice narrates her story gently (with a soothing Australian accent), providing warnings and care as she guides you through her life. Her meticulous research and exploration of family history shed light on the 'whys' that often haunt survivors. Alice's ability to validate the experiences of others who have been through similar struggles is reassuring and empowering. Alice has embarked on a profound healing journey, and her memoir serves as a testament to her wisdom and resilience. Her willingness to share her heartbreak and insights is a powerful reminder of the importance of storytelling. I've never met Alice, but as a fellow survivor, and through messaging with her, I feel a profound connection with her and consider her a dear friend. - Jane Epstein, Activist and Speaker for Survivors of Sibling Sexual Abuse | TEDxtalkBocaRaton | Co-founder 5 Waves and IncestAware.



Alice Perle is an indie author, self-published through Blue Borage Publishing. Outside of writing and delivering a mission as an advocate, or in her words, *a voice in the silent landscape of sibling sexual abuse*, she is a qualified coach and facilitator, specialising in personal empowerment and self-leadership. Happily married, she lives with her husband in South-East Queensland, Australia, on the beautiful Sunshine Coast. The quality time she spends with her adult children, their families and her close circle of creative friends and peers makes life magic.

Resolve is an intimate, wild ride from darkness and confusion to triumphant self-determination and inner peace. Living with a dark secret inside her, Alice Perle has overcome many obstacles on her path to healing in the shadow of sibling sexual abuse.

Needing to understand her experiences at a deeper level, Alice's personal story is interwoven with her fascinating explorations of societal and intergenerational factors.

Resolve showcases an eclectic approach to healing that helped Alice reclaim her true self, freeing her to create a bright, joyous, peaceful life.

Respectfully and sensitively written for all readers, *Resolve* is infused with hope and optimism. It is an inspiring story, offering us an intriguing window into one woman's experience recovering from sibling sexual abuse – the hidden taboo.

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RESOLVE: a story of courage, healthy inquiry and recovery from sibling sexual abuse by Alice Perle

Stuart Allardyce, Director, Stop It Now! UK and Ireland, | Lucy Faithfull Foundation UK and co-author, with Peter Yates, of 'Abuse at the Heart of the Family: The Challenges and Complexities of Sibling Sexual Abuse' and 'Sibling Sexual Abuse: A Knowledge and Practice Overview' for the Centre of Expertise on Child Sexual Abuse, Edinburgh wrote:

'Subject which needs wider public attention. Sibling sexual abuse is the most common form of intra-familial child sexual abuse, at least 3x more common than parent/child incest. Yet it's rarely talked about in society or reported by the media. Charting the author's experience of sibling sexual abuse over many years, her disclosure in adulthood and her journey towards healing and recovery, this powerfully written book should be essential reading for all social workers, counsellors and mental health specialists as well as anyone personally affected by this issue. Gritty, truthful and ultimately uplifting and redemptive - an outstanding work that deserves a wide audience.'

OTHER AMAZON AND GOODREADS REVIEWS - LISTING THE REVIEW HEADINGS ONLY

'Beautiful and enlightening.' - Anne Moody, Adoption Agency Director and author of *The Children Money Can Buy* and *The Baby Market*. Bainbridge Island, Washington, USA

'A brave and inspiring story about sibling sexual abuse and what follows. A must-read for us all.' - Emma Rees, Doctor of Philosophy, PHD, *Child Sexual Exploitation: England, UK*

'Compelling Victim to Creator Journey.' - David Emerald, best-selling author of *The Power of TED** (*The Empowerment Dynamic) and *The 3 Vital Questions: Transforming Workplace Drama*, Bainbridge Island, Washington, USA

'A memoir that is freeing, inspiring and validating.' - Jeannine L Rashidi, best-selling author of *Abundance Beyond Trauma*, California, USA

'A Story of Courage, Resilience and Transformation of the Soul.' - Merilee Smith, Culture Transformation Coach, Philadelphia, Pennsylvania, USA

'Incredible book of resilience of the human spirit' - Dr Marti Davis, Colorado USA

'Beautifully written - Full of research and support - An important read for all.' - Sharon Ilstrup, Master Coach, Seattle, Washington USA

'A beautiful book written by the courageous Alice' - Alexandra Skoeld, Founder, *Soul Intimacy*, Bondi Beach, Sydney.

'An utterly devastating and important read for us all' - Dr Nicole Creber, award-winning educator and best-selling author, Sunshine Coast, Qld, Australia.

'Resolve is the most compelling book I have ever read.' - Terry Edwards, Educator of 56 years and former Christian Brother, Sunshine Coast, QLD, Australia.

'A Powerful Memoir' - Karen May, Noosa Heads, Queensland

'Honest, accessible, informative account of sibling sexual abuse' - anonymous Amazon USA review

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