

WHAT EVERY PARENT NEEDS TO KNOW ABOUT SIBLING SEXUAL ABUSE

VIDEOS AND RESOURCES





From the Producer

NANCY MORRIS

This inaugural #SiblingsToo Day may have been created by me, but it is only because of the dozens of professionals, academics, lived experience experts, donors, sponsors and volunteers that this event is happening. I am truly grateful to every single person for their support and encouragement.

*Nancy
Morris*

Creator / Producer



The Hashtag

I created the #SiblingsToo hashtag in 2018 for a few reasons. First, the term "SiblingsToo" is a reminder that siblings are affected by – and causing – sexual harm. Second, similar to #MeToo, we are providing a way for those who have no voice to be heard.

Third, like other hashtags, it is a single point of reference that brings people together. A movement of change is elevated when caring people know how to find each another.

Our Sponsors

ALONG WITH THE PEOPLE WHO GENEROUSLY DONATED THROUGH OUR GOFUNDME CAMPAIGN, WE RECEIVED GUIDANCE AND FINANCIAL DONATIONS FROM THE FOLLOWING ORGANIZATIONS

New Meaning

New Meaning works with young people in the UK who have struggled in school to help them discover how to live an independent life and earn their own living. Many of them struggle with various forms of childhood trauma that have significantly impacted their education and plans for their future.



SSARC

The Sibling Sexual Abuse Resource Centre offers bespoke support and workshops for parents and professionals which provide a holistic, family-centred and trauma-informed approach following sibling sexual abuse. Services include counselling support for parents/carers, parent and professional workshops, resources, referral pathways, and more. Together we can provide a safer and brighter future for all children.



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ICESSA

Created by Nancy Morris and co-founded with Brad Watts, Tanith McCulloch, and Dr. Peter Yates, the International Centre for Expertise on Sibling Sexual Abuse provides training and resources for professionals, practitioners and clinicians who work directly with SSA families. As a result of the #SiblingsToo Day, we are also creating a collaboration hub for international research sharing.

The logo for ICESSA, featuring the word "ICESSA" in a bold, black, sans-serif font on a white rectangular background.

Erm Lombardi

Erm Lombardi

Erm Lombardi is certified as a Zoom Producer and Coach. She collaborates with online facilitators to create meaningful virtual events that elicit engagement from participants. She manages all the technical details backstage so presenters have peace of mind and can shine on Zoom's centre stage! She can be contacted through ermlombardi.com

Dear Parents



I'm Seher Pahade, a 12 year old from Cactus Foundation India, and I'm a Child Warrior. Let me ask you a few questions.

Is it right to ignore difficult conversations when the facts say that universally child sexual abuse is a silent pandemic? Is it right to overlook sibling sexual abuse as a non-existing issue while research says that one third of sexual abuse is perpetrated by young children against younger children? Is it right to keep mum on such a crucial topic of sibling sexual abuse when studies say that normalizing the conversations and discussing it with your family is the only way to prevent it?

Instead of giving knee-jerk reactions and regretting after it happens, it is better that we all become proactive and seek solutions and interventions to solve the problem of sibling sexual abuse.

There's nothing more dangerous than parents and adults around the child keeping quiet about a crucial and important topic like sibling sexual abuse. And as a 12 year old, I am in absolute shock when I think that parents are shying away from this topic. Nancy Morris, a survivor and crusader, is providing us with a great opportunity to uncover the truths, the challenges, and facts about sibling sexual abuse with this #SiblingsToo Day event.

20+ experts and professionals from across disciplines are going to discuss sibling sexual abuse in depth with you. And it is a no panic and no fear approach that aims to provide you with insights, solutions, and interventions to deal with sibling sexual abuse and prevent it.

Let's break this deafening silence around sibling sexual abuse.

Seher

Cactus Foundation
Child Warrior

Excerpts from a video Seher created for the #SiblingsToo Day 2023. Learn more about the Child Warrior program at Cactus Foundation in Video 4B

Video library

Video 1 - Introduction

Listen to the event creator and producer, Nancy Morris, share a quick overview of the video library, how it is organized, and how to access the content, along with some of the history of how and why this inaugural #SiblingsToo Day event has come about.

Direct link -

<https://youtu.be/S6OwO6G-Bjo>



Video 2 - What is SSA?

Nancy is joined by Stephen Barry, Anat Talmon, and Kieran McCartan to share facts regarding what Sibling Sexual Abuse is and some of the international statistics regarding its prevalence. Plus, they explore why this conversation is so difficult for parents and society to have.

Direct link -

<https://youtu.be/0ZvQARLhzOs>



Video library

Video 3 - Myths & Misinformation

Brad Watts and Spencer Bailey work closely with families who have experienced SSA, including the sibling who is causing the harm. They discuss many of the myths and pieces of misinformation that get in the way of families understanding SSA.

Direct link - <https://youtu.be/CLgBVtaJRss>



Video 4A - Australia

Russ Pratt and Dale Tolliday join Nancy to discuss the current Australian perspective of SSA. In particular, their discussion reveals a unique approach to SSA that is helping shape societal understanding that opens the doors for families seeking help.

Direct link - <https://youtu.be/dMnqLiyqNVO>

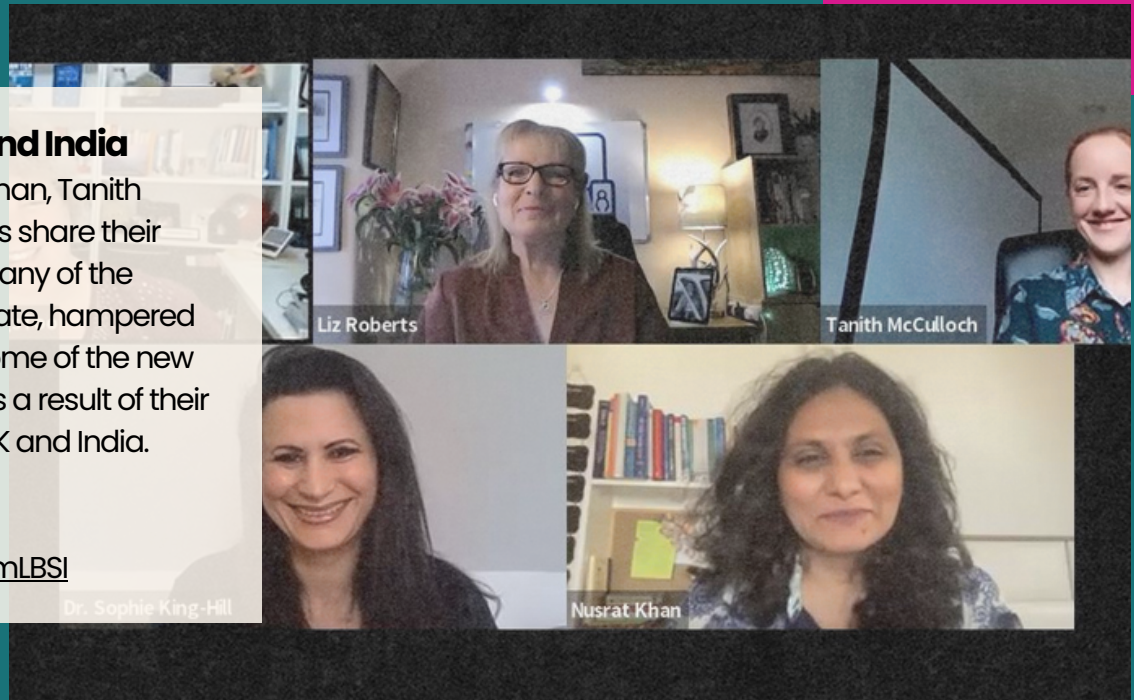
Video library

Video 4B- UK and India

Sophie King-Hill, Nusrat Khan, Tanith McCulloch and Liz Roberts share their insights with Nancy on many of the obstacles that have, to date, hampered awareness of SSA and some of the new opportunities that exist as a result of their work, particularly in the UK and India.

Direct link -

<https://youtu.be/E-ghvemLBSI>



Video 4C - Americas

We continue the conversation of obstacles and opportunities from the North and South American viewpoints as Paula Lobos Sucarrat, Jane Epstein, Maria Socolof and Phil Goldstein join Nancy. You'll also hear how survivors are stepping up as drivers of change.

Direct link -

<https://youtu.be/mVDHihPdTKY>



Video library

Video 5 - Prevention and Signs

Stuart Allardyce, Jenny Coleman and Georgia Naldrett of Stop It Now! global along with Tanith McCulloch of SSARC join Nancy to discuss some of the ways SSA can be prevented along with signs to watch out for and what to do should SSA be disclosed in your family, by children of any age.

Direct link - <https://youtu.be/j2TznGBFsCI>



Video 6 - What's Next?

So you've participated in the event and received this Resource Pack - now what? Nubia Duvall Wilson and Nancy discuss some simple steps you and your family can take next to more fully understand SSA, seek to prevent it, and manage it well if disclosure occurs.

Direct link - <https://youtu.be/0WNeozYnuhY>



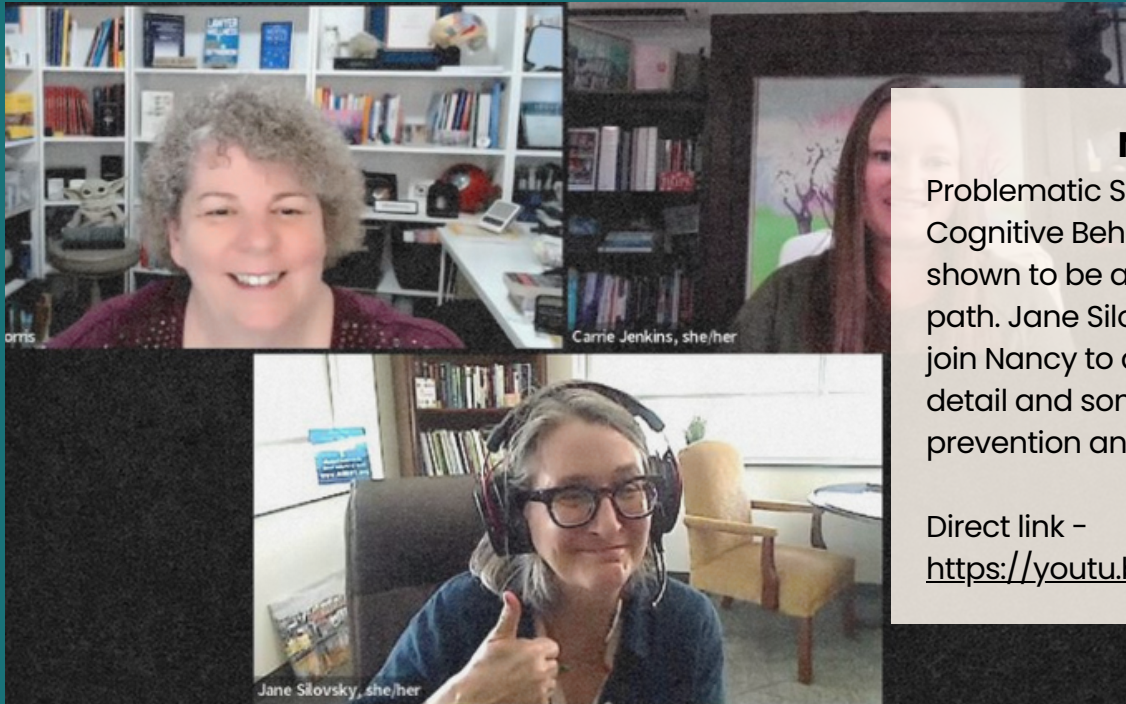
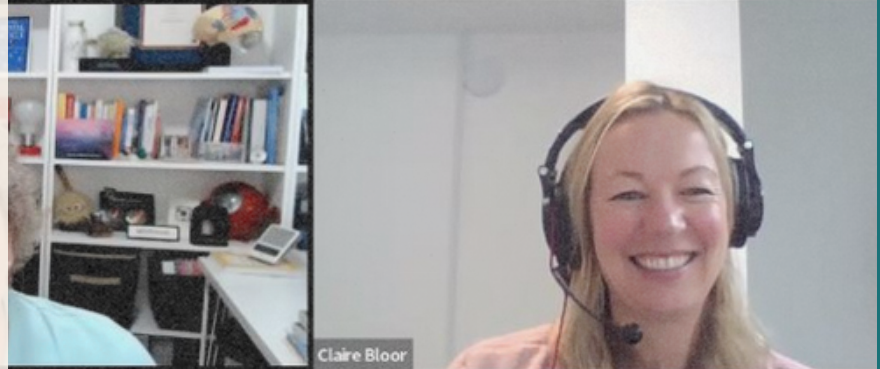
Bonus content

Claire Bloor of SARSAS

As the CEO of SARSAS, Claire shares with Nancy more information about the research recently conducted with its partner Universities. Since the study findings were published in 2022, further steps have been taken to provide support to families, individuals, and professionals.

Direct link -

<https://youtu.be/C9d5X5AUuYc>



NCSYB.org

Problematic Sexual Behavior - Cognitive Behavioral Therapy has been shown to be an effective treatment path. Jane Silovsky and Carrie Jenkins join Nancy to discuss PSB-CBT in more detail and some of the key aspects of prevention and disclosure of SSA.

Direct link -

<https://youtu.be/8d439E5yWRE>

Bonus content

Adult Survivors Speak Out

Sometimes the best teacher is the one with lived experience of the subject. Six other adult survivors join Nancy to share with parents some simple yet important truths about the impact of SSA in the hope they take the messages to heart, and back to their family.

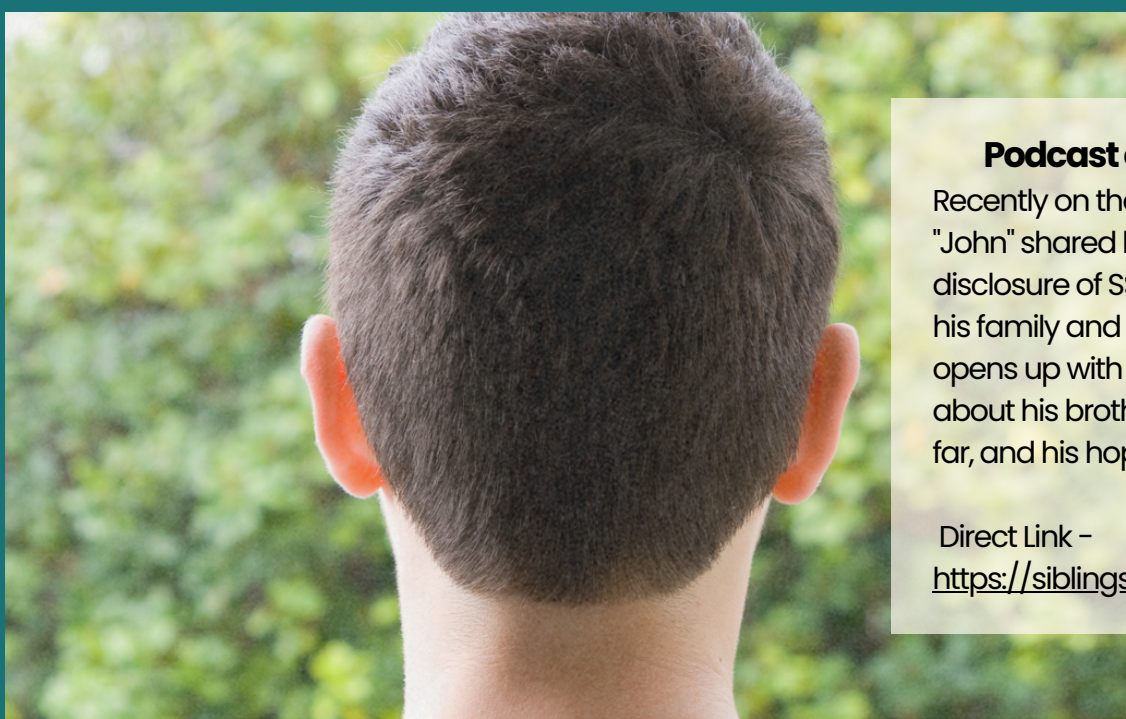
Direct link - <https://youtu.be/foVJ9FCj3p4>



Podcast episode 42 - "John"

Recently on the #SiblingsToo podcast, "John" shared his experiences of adult disclosure of SSA to some members of his family and the police. Listen in as he opens up with his thoughts and feelings about his brother, his life experiences so far, and his hopes for the future.

Direct Link - <https://siblingstoo.libsyn.com/ep45>



Resources

SiblingSexualTrauma.com

Use [this link at SiblingSexualTrauma.com](#) to access worldwide resources and more detailed country-specific websites. The site also provides an abundance of information and guidance on SSA for those harmed, those causing harm, families and professionals.

StopItNow.org

StopItNow's vision is to mobilize adults, families and communities to create safety for children, including helping those who have concerns for their own or another's sexual thoughts and behaviors toward children. Use these links to access their [safety plans](#) and [resource guides](#).

Sarsas.org.uk

In February 2022, SARSAS hosted a UK conference for professionals on SSA, sharing the details of their two-year research project. They produce a variety of informative videos about SSA including [Getting It Right](#) and [Opening Doors](#).

National Center on the Sexual Behavior of Youth

The Youth Partnership Board at the NCSBY is made of youth who have graduated from treatment programs for problematic, illegal or inappropriate sexual behavior. [This PDF shares](#) some of their thoughts on the treatment process for those causing harm. Also visit [NCSBY.org](#) for more guides.

Checklist

Use this 15-point checklist to guide a conversation with your partner, spouse, or adult friends about your family's understanding of SSA, steps for preventing it, signs to watch for, and what to do if SSA is disclosed in your family (even by adult children). This checklist is a tool you can use to help you determine your next steps in learning and supporting your family.



I / we have watched all the videos from the #SiblingsToo Day 2023



I / we have reviewed websites of interest in this Resource Pack



I / we are committed to continue learning about SSA specifically and CSA generally



I / we feel this topic is important to understand not only for our family but for the wellbeing of our community



I / we believe SSA is possible in our family

Checklist



I / we use real words for body parts when talking to the children



I / we take teaching moments whenever possible to talk to the kids about body safety, consent, boundaries



I / we give our children permission to say NO



I / we have helped the children to identify "safe adults" other than me/us



I / we are discussing sexual boundaries with the children, i.e. safe touching, closed doors, etc

Checklist



**I / we know the family and child service agencies
in the area**



I / we have contacts to call if help is needed



**I / we recognize how my own squeamishness
may be detrimental and I'm working on it**



**I / we have some more questions so will find
answers in the next 10 days**



**My / our children are now adults but realize this
issue may still need to be discussed in the family**

Speakers



Nancy Morris

Nancy is the creator and producer of the #SiblingsToo Day. She is an SSA survivor and vocal spokesperson for adult survivors of SSA as well as being the host of the #SiblingsToo podcast and co-founder of the International Centre of Expertise on Sibling Sexual Abuse. She is also currently conducting narrative research on stories of SSA families.



Carrie Jenkins

Carrie is a Licensed Professional Counselor and Supervisor through the state of South Carolina. She co-owns Grimm & Jenkins LLC doing training and consultation in Problematic Sexual Behavior - Cognitive Behavioral Therapy (PSB-CBT) and is also a Clinical Trainer and Consultant with the University of Oklahoma Health Sciences Center.



Maria Socolof

Maria is a researcher, writer, and speaker who has experienced sibling sexual trauma and authored her memoir, *The Invisible Key: Unlocking the Mystery of My Chronic Pain*. She is also the founder of HealingFromChronicPain.com and cofounder of 5WAVES.org—a nonprofit promoting Worldwide Awareness, Voice, Education, and Support around sibling sexual trauma.

Speakers

Anat Talmon



Anat Talmon is an assistant professor at the Paul Baerwald School of Social Work and Social Welfare at The Hebrew University of Jerusalem. She investigates the long-term consequences of childhood experiences of abuse and neglect and leads a new international project to better define sibling sexual abuse and its frequency worldwide.

Stuart Allardyce



Stuart Allardyce is a Director at the Lucy Faithfull Foundation, with responsibilities for Stop It Now! Scotland and research across the UK charity. He has worked for more than 20 years as a practitioner and manager with children who have displayed harmful sexual behaviour. He is also vice chair of the National Organisation of the Treatment of Abuse.

Nusrat Khan



Nusrat is a Licensed Psychologist and trailblazer focused on creating safe childhoods through the Cactus Foundation. She consciously acknowledged her own CSA at the age of 31 after the birth of her first child. Her work is internationally recognised and Cactus Foundation is like a light at the end of a dark tunnel through its game-changing initiatives and campaigns.

Speakers

Jane Epstein



Jane is a survivor of and advocate for survivors of sibling sexual abuse and trauma. She is co-founder of both IncestAWARE.org and 5WAVES.org that offers information, support, and guidance. She is a moderator of a survivor Facebook group with 6,500 members, and her TEDx talk entitled "Giving Voice to Sibling Sexual Abuse" has reached over 350,000 people.

Nubia Duvall Wilson



Nubia DuVall Wilson is the founder and president of the public relations & marketing agency Cielo Consulting, co-founder of the TV & film company Starfury Productions, a mother, mental health advocate, author, and speaker. She is an SSA survivor and in 2018, Nubia published The Survivors Club, a novella inspired by her journey to heal from childhood sexual abuse.

Phil Goldstein



Phil Goldstein a poet, author of How to Bury a Boy at Sea, and a survivor of sibling sexual abuse. By day, he works as a copywriter and editor for a large technology company and he lives in Washington, D.C., with his wife Jenny and their animals.

Speakers

Tanith McCulloch



Tanith is a MBACP Accredited Counsellor and Counselling Supervisor. She is the director of the non-profit organisation SSARC (Sibling Sexual Abuse Resource Centre) and is also the Sibling Sexual Abuse Project Officer for SARSAS.org.uk's service "Getting it Right", a project devoted specifically to Adult Survivors of Sibling Sexual Abuse.

Brad Watts



Brad is a Licensed Professional Counselor and Certified Sex Offender Treatment Provider specializing in working with individuals and families where SSA has occurred. He conducts group trainings on how to recognize and respond to incidents of sibling sexual abuse. He consults with clinicians on treatment design and implementation tailored to various needs.

Liz Roberts



Liz is a survivor of SSA and an active spokesperson highlighting the long-term impact of SSA on individuals and families. As a former police officer in the 1980s, Liz had witnessed first-hand the way victims of sexual assault were generally treated by police which unfortunately delayed her disclosure. Ultimately, Liz's brother was convicted on 10 counts of indecent assault.

Speakers



Paula Lobos Sucarrat

Paula is a Teacher of Special Needs and a Psychologist. Through her work with the NGO Paicabi in Chile, Paula supports kids who have displayed harmful sexual practices by developing programmatic lines of care. She has trained professionals in several countries including Chile, Scotland, Latin America, Mexico, the Caribbean and southeast Africa.



Jenny Coleman

Jenny is a Licensed Mental Health Counselor who has been working in child welfare for 30 years as a clinician, educator and advocate. In 2011, she joined Stop It Now! as their Helpline Director, and now serves as their Director, overseeing a national child sexual abuse prevention program. She presents globally; training individuals and organizations in primary prevention.



Georgia Naldrett

Georgia is the Stop It Now! Australia Manager at Jesuit Social Services where she applies her psychological and practice knowledge of sexual offending and child protection to aid in the prevention of child sexual abuse. Georgia has assisted in the implementation and delivery of perpetrator focused prevention services as part of her work with The Lucy Faithful Foundation.

Speakers

Dale Tolliday



Dale is NSW Health Senior Clinical Advisor Sexual and Violent Behaviour and Senior Clinical Advisor Children and Young People's Sexual Safety Program at the Sydney Children's Hospitals Network. His work with people who have harmed others with sexual behaviours spans over 35 years. Prior to this, Dale worked in a variety of family mental health settings.

Spencer Bailey



Spencer is an experienced social worker in a specialist service which provides assessment and support to children, young people, and their families following concerns about harmful sexual behaviour. His practice focuses on SSA and he is researching professionals' responses to children who have displayed harmful sexual behaviour towards siblings.

Stephen Barry



Stephen Barry is the Clinical Team Manager/Clinical Lead for the multi-disciplinary NHS Be Safe Service, Bristol, England, that works with children and young people who have harmed sexually and their families and support network around them. Stephen is a qualified social worker and psychotherapeutic counsellor.

Speakers

Sophie King-Hill



Sophie is an academic in the Health Services Management Centre at the University of Birmingham in the UK. Her research specialism encompasses sibling sexual abuse as well as sexual behaviours and first point assessment in children and young people. Sophie also has an interest in policy implementation, transfer and success frameworks and evaluation strategies.

Carole Brooks



Carole is a lived experience advisor specialising in sibling sexual abuse. After giving an interview on BBC radio on the subject, she was the inspiration behind the UK's National Sibling Sexual Abuse Research Project. She is an advocate and spokesperson and is passionate about ending SSA through raising awareness and education.

Jane Silovsky



Jane is a clinical child psychologist, the Director of the Center on Child Abuse and Neglect and the National Center on the Sexual Behavior of Youth as well as the Children's Health Foundation Jean Gumerson Chair and Professor at the University of Oklahoma Health Sciences Center. Her research is varied but focused on problematic sexual behavior in youth.

Speakers

Gloria Masters



Gloria speaks from sixteen years of lived experience and has managed to turn the corner of healing into giving back. She does this through highlighting the issue of child sexual abuse to help other survivors. She has published her second book *Flightpath to Healing – A Guide for CSA Survivors*, and is also the Founder and CEO of Handing the Shame Back Foundation.

Russ Pratt



Russ is a Forensic and Counselling Psychologist, the founder and principal of Prime Forensic Psychology, and is recognised as one of Australia's most experienced forensic psychologists working in the areas of sexual abuse and child protection issues. He consults and provides training within Australia and internationally.

Kieran McCartan



Kieran holds a PhD in Psychology and several departmental roles at the University of the West of England. He is currently the leader of the Social Science Research Group, joint coordinator of the Sexual Violence Research Network, and Professor of Criminology at UWE. His research covers a range of criminological, psychological, and public health issues.

Tech Troubles

If you run into any trouble accessing the video library or using the links of this Resource Pack, please refer to this section before sending us an email. Of course, if you still have questions or comments, please email siblingsmailbox@gmail.com and we will respond as soon as possible.



Q - The direct link to the video takes me to a different video
A - There may be times when we need to re-edit, move, or change the video. If a new link is needed, we will insert a holding video and text description directing to the new URL.



Q - The direct link to the video doesn't work
A - We will do our best to ensure all links work and/or redirect as necessary. However, YouTube may change some aspect of their service delivery and that is out of our control.



Q - How long will all of these videos and links be available?
A - At the moment, the plan is to keep the videos and links active long into the future. If we need to change that, we will insert a holding video and text description explaining the change.



Q - Can my organization or I use any of this material?
A - All videos, audios, and any materials provided in association with this #SiblingsToo Day are copyrighted by Denmor Concepts Inc and all rights are reserved in whole and part. Please contact us for use.

On behalf of the global community of professionals, academics, lived experience experts, sponsors, donors, contributors, and volunteers, thank you for registering for the *#SiblingsToo Day event 2023 - What Every Parent Needs To Know About Sibling Sexual Abuse*.

Please continue to learn about SSA and, whenever possible, be an advocate for the adult survivors, children, and families impacted by the silence and stigma of SSA. Follow the various links in this Resource Pack and subscribe to the podcast *#SiblingsToo* available at Libsyn, Spotify, and other podcast platforms.

This conversation of sibling sexual abuse will continue, but it needs your support to make a real difference in future. The longer SSA remains hidden, the more adult survivors, children, and families will be forever changed by silence and stigma.

Making a difference can be as simple as sharing what you've learned with those around you.

Make an impact today by making some noise. It's the only way to stop the silence.

Nancy Morris

Creator / Producer / SiblingsToo.com

